Ozark Community Resource Guide

ADDICTION RECOVERY

James River Assembly Living Free 581.5433 www.jamesriver.org
Focus groups to help people overcome and conquer life-controlling issues. Offers support for families who need help to face issues in their loved one's lives.

CHILDREN

Care to Learn (Ozark School District) 582.5903 x3065 www.ozark.k12.mo.us
Immediate funding and action to meet any emergent health, hunger, hygiene issue a child might have.

Children's Smile Center 582.5439 www.kidssmilecenter.org
Medicaid patients only ages 1-19 and pregnant women. Serving Christian, Stone, Barry, and Lawrence Counties.

Ozark Police Department 581.6600 www.ozarkmissouri.com
Low cost car seat program.

CHURCHES

Cassidy United Methodist Church 582.3632 www.cassidyumc.net

First Baptist Church Ozark 581.2484 www.fbcozark.org

First Free Will Baptist www.ozarkfwb.com

James River Assembly 581.5433 www.jamesriver.org

Life's Journey 880.3647 www.lifesjourneychurch.org

Ozark Assembly of God 581.6445 www.ozarkag.com

Ozark Presbyterian Church 581.6988

Ozark United Methodist Church 581.6853 www.ozarkumc.org

Selmore Baptist Church 582.6483 www.selmorebaptist.com

St. Matthews Episcopal 581.1350 www.stmattsozark.com

FINANCIAL ASSISTANCE

Salvation Army 862-5509 www.salvationarmy.org
Rental assistance, utilities, medicine. Some requirements.

Missouri Department of Social Services – Family Support Division 1.855.373.4636 www.dss.mo.gov
Utilize the website to print off applications, make some applications such as food stamps online, report changes, and reference a list of services provided by the State – i.e. food Stamps or SNAP (Supplemental Nutrition Assistance Program); Mohealthnet (previously Medicaid) which can be for families, pregnant women, disabled adults, and elderly as well as a few others; Temporary Assistance which is a cash grant for parents with children 18 and under, generally; as well as a few other programs. Some requirements.

Ozarks Area Community Action Corporation (OACAC) 581.7631 www.oacac-caa.org
Utilities, rent, and weatherization financial assistance; senior fund assistance; case management, informational workshops, referral source to various other services in Christian County. Some requirements.

The Kitchen 225.7499 www.thekitcheninc.org
One Door - For individuals and families who are homeless or at risk of becoming homeless (eviction notice, utility shut off, being asked to leave housing with friends/family) this program provides specific referrals to appropriate agencies and other services as available.

FOOD

Least of These Food Pantry 724.2500 www.leastofthesefoodpantry.com
Food, clothing, small household goods, government commodities. Some requirements.

The Kitchen 837.1512 www.thekitcheninc.org
One time food assistance. Some requirements.

FREE MEALS 581.7631

- Sundays – 1:00-2:00 – Life's Journey Church, 1996 W. Evangel St. (Stained Glass Theater), Ozark
- Wednesday's – 5:30-7:00 – St. Matthew's Episcopal Church, 203 A East Brick Street, Ozark
- Thursday's – 5:30-7:00 – Cassidy United Methodist Church – 5151 North Fremont Road, Nixa

MEDICAL

American Heart Association 881.1121 www.heart.org/springfieldmo
Dedicated to building healthier lives, free of cardiovascular diseases and stroke.

breathe easy Christian County 836.3165 www.breatheasycc.org
Working toward reducing the harmful effects of tobacco use and exposure.

Christian County Health Department 581.7285 www.christiancountyhealth.com
Case management, communicable disease control, family planning, sexually transmitted disease testing, pregnancy testing, well child exams, immunizations, health screenings, child care education, women's health, WIC, health ed, sports/activity physicals.

Preferred Hospice 581.4968 www.preferredhospice.com
Provide medical care, personal assistance, emotional and spiritual support during the last 6 months of life, end of life. Bereavement care to follow for 13 months for family and significant others. Respite care services are available for Caregiver relief.

Southwest Center for Independent Living 886.1188 www.swcil.org
Home health, advocacy, home modification, people with disabilities, seniors, case management. No age, income or disability guidelines for core services. All services free.

The Kitchen Medical Clinic 837.1504 www.thekitcheninc.org
Multiple services offered. Must be uninsured (no Medicaid or Medicare or private insurance) and below 130% of the Federal Poverty Line. Some requirements.

MISC.
Neighbors Helping Neighbors 838.7007
Volunteer group dedicated to getting basic needs met for every person in our county.

The 107 Ranch 761.9714 www.the107ranch.com
Healing and horses.

Touchstone 581.6911 www.touchstonellc.org
Discreet, healing environment that provides a stabilizing force.

University of Missouri Extension Office – Christian County 581.3558 www.extension.missouri.edu/christian
Educational workshops on family issues. Coordination with various community service organizations.

OCCUPATIONAL
Missouri Career Center 887-4343 www.ozarksjobpath.org
Employment services and guidance.

PREGNANCY
Pregnancy Care Center 877.0800 www.pcchoices.org
Pregnancy testing verification, one-on-one mentoring, ultrasound, parenting and adoption education, nutrition education, enrichment classes, resources and supplies, referral programs.

SENIORS
Assisting Aging Parents 581.1780 www.assistingagingparents.com
Non-medical in home agency that utilizes senior employees to provide companion care services for individuals wishing to remain in their own homes.

Christian County Coalition on Aging West CC – 848.9546; East CC – 827.8031
Light housekeeping and emergency contact service/equipment. Some requirements.

Christian County Senior Link 838.5661
Primarily serves as an information network for senior services. Assisting Aging Parents is a non-medical in home agency that utilizes senior employees to provide companion care services for individuals wishing to remain in their own homes.

Ozark Senior Center 581.2538 www.swmoa.com/servicecenter.html
Hot meals to congregate and homebound, education, health issues, exercise, tax prep. Some requirements.

Safe at Home 863.7233 www.livesafeathome.org
Personal emergency response systems. (Safelink response buttons work around neck or wrist.) MedSafe medication dispensers.

Senior Fund at OACAC 581.7631 www.oacac-caa.org
Age 60+, income guidelines. Help with variety of emergency needs.

Seniors Helping Seniors 779.2747 www.seniorshelpingseniors.com/NorthernArkansasSouthernMissouri
An agency providing in-home, non-medical services provided by seniors in your community to assist with housekeeping, companion/respite care, transportation, meals, overnights or any other non-medical services which may be required to help seniors remain independent in their homes.

SHELTERS

One Door 225.7499
First number to call to see which shelters may be available and which can take children, teenagers, families, men, or women.

Boys/Girls Town/Empowering Youth/Ozark Family Resource Center 865-1646 www.great-circle.org
Younger adolescents welcome.

Isabel's House 865-2273 www.isabelshouse.org
0-12 yrs, children may stay 30 days within one year.

Rare Breed 865-6400 www.thekitcheninc.org/rare_breed.php
All teenagers 17-21 yrs old, open for drop-in 3pm-11pm

VETERANS

Ozark VFW 773.1123 www.myvfw.org/mo/post7628
Misc. programs.

Veterans Health Care System of the Ozarks 417.466.4000, ext. 61333 (HUD/VASH) or 61159 (Grant and Per Diem Liaison) or 60216 (Primary Care Social Worker) or 800.253.8387
www.fayettevillear.va.gov/visitors/mountvernon.asp
Misc. medical programs and referrals to other assistance programs.

VIOLENCE

Freedom's Rest 582.0344/299.2494
Shelter and counseling for abused women and children. Anytime, anyone.