

# Spring Ballet & Gymnastics 2019



**Ballet** \* \$100/session mbrs & \$120 non. Each session is 15 classes

**Monday Class Schedule:** Mon, Jan 21st – May 6th (May 6th is a mini recital, No Classes 3/11 - Spring Break)

**Thursday Class Schedule:** Thurs, Jan 24th – May 9th (May 9th is a mini recital. No classes 3/14 - Spring Break)

**Ballet 1 (3-5yrs)** Mon 9:00AM-9:30AM or  
Thurs 4:20PM-4:50PM

**Ballet 2 (6-10yrs)** Thurs 5:00PM-5:30PM

Express ideas and feeling through the art of ballet. Participants will learn balance, grace, poise, and self-control. Traditional ballet clothing and shoes are preferred.

**Gymnastics** \* \$120/session mbrs & \$140 non. Each session is 15 classes

**Fri Class Schedule:** Fri, Jan 25th-May 10th (May 10 is skills demo day for parents. No classes 3/15 - Spring Break)

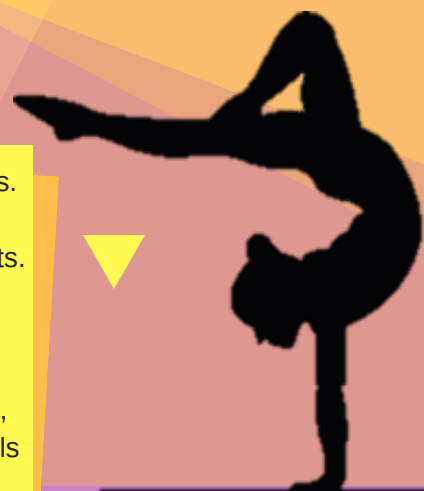
**Sat Class Schedule:** Sat, Jan 26th-May 11th (May 11 is skills demo day for parents. No classes 3/16 - Spring Break)

**Preschool (3-5yrs)** Fri 9:20AM-10:05AM, Fri 10:10AM-10:55AM or  
Sat 8:30AM-9:15AM, Sat 9:20AM-10:05AM

This class is designed to increase a child's agility, balance, strength, coordination, and social skills in a fun environment while focusing on the basics of tumbling. Skills include: forward/backward rolls, straddle rolls, bridges, cartwheels, bar work, and basic walking styles on a balance beam.

**Beginners (6 & up)** Fri 11:00AM-11:45AM or Sat 10:10AM-10:55AM,  
Sat 11:00AM-11:45AM

Skills learned include: standing forward/backward rolls, cartwheels, handstand holds, handstand/forward roll combo, stationary round offs, back walk overs, back hand spring, rings, and beam.



**OC GYMNASTICS**



PLEASE READ: DUE TO LIMITED OPENINGS, IF YOUR CHILD MISSES A CLASS, WE DO NOT OFFER MAKE UP CLASSES. INCLEMENT WEATHER POLICY: IF OZARK SCHOOL IS CANCELED FOR INCLEMENT WEATHER, NO AM OR PM CLASSES. LATE START, NO AM CLASSES. EARLY RELEASE, NO PM CLASSES. A CREDIT FOR MISSED CLASS DUE TO INCLEMENT WEATHER WILL BE PUT ON YOUR CHILD'S OC ACCOUNT. TO REDEEM THE CREDIT, REGISTRATION FOR A CLASS MUST BE DONE IN PERSON, AT THE OC

THIS IS A SAMPLING OF OUR OC PROGRAMS. SEE WEBSITE FOR FULL LIST. FOR QUESTIONS EMAIL [DYLANT@OZARKMISSOURI.COM](mailto:DYLANT@OZARKMISSOURI.COM).