

Spring Ballet & Gymnastics 2020



Ballet * \$100/session mbrs & \$120 non. Each session is 15 classes

Monday Class Schedule: Mon, Jan 20th - May 4th (May 4 is a mini recital. No classes 3/16 - Spring Break)

Wednesday Class Schedule: Wed, Jan 22nd - May 6th (May 6 is a mini recital. No Classes 3/18 - Spring Break)

Thursday Class Schedule: Thurs, Jan 23rd - May 7th (May 7 is a mini recital. No classes 3/19 - Spring Break)

Friday Class Schedule: Fri Jan 24th - May 8th (May 8 is a mini recital. No classes 3/20 - Spring Break)

Ballet 1 (3-5yrs) Mon 9:00AM-9:30AM, Wed 4:15PM-4:45 PM
Thu 4:20PM-4:50PM, or Friday 8:15AM-8:45AM

Ballet 2 (6 & up) Wed 4:50PM-5:20PM & Thu 5:00-5:30PM

Express ideas and feeling through the art of ballet. Participants will learn balance, grace, poise, and self-control. Traditional ballet clothing and shoes are preferred.

Gymnastics * \$120/session mbrs & \$140 non. Each session is 15 classes

Friday Class Schedule: Fri, Jan 24th - May 8th (May 8 is skills demo day for parents. No classes 3/20 - Spring Break)

Sat Class Schedule: Sat, Jan 25th - May 9th (May 9 is skills demo day for parents. No classes 3/14 - Spring Break)

Preschool (3-5yrs) Fri 9:15-10:00AM, Fri 10:05-10:50AM, Sat 9:00AM-9:45AM or Sat 9:55AM-10:40AM

This class is designed to increase a child's agility, balance, strength, coordination, and social skills in a fun environment while focusing on the basics of tumbling. Skills include: forward/backward rolls, straddle rolls, bridges, cartwheels, bar work, and basic walking styles on a balance beam.

Beginners (6 & up) Sat 10:50AM-11:35AM or Sat 11:45-12:30AM

Skills learned include: standing forward/backward rolls, cartwheels, handstand holds, handstand/forward roll combo, stationary round offs, back walk overs, back hand spring, rings, and beam.



OC GYMNASTICS



PLEASE READ: DUE TO LIMITED OPENINGS, IF YOUR CHILD MISSES A CLASS, WE DO NOT OFFER MAKE UP CLASSES. INCLEMENT WEATHER POLICY: IF OZARK SCHOOL IS CANCELED FOR INCLEMENT WEATHER, NO AM OR PM CLASSES. LATE START, NO AM CLASSES. EARLY RELEASE, NO PM CLASSES. A CREDIT FOR MISSED CLASS DUE TO INCLEMENT WEATHER WILL BE PUT ON YOUR CHILD'S OC ACCOUNT. TO REDEEM THE CREDIT, REGISTRATION FOR A CLASS MUST BE DONE IN PERSON, AT THE OC

THIS IS A SAMPLING OF OUR OC PROGRAMS. SEE WEBSITE FOR FULL LIST. FOR QUESTIONS EMAIL [DYLANT@OZARKMISSOURI.COM](mailto:dylant@ozarkmissouri.com).